



**Ashbury with Compton Beauchamp  
Church of England (Aided) Primary School**

*'United in a love for learning we will grow and succeed together'*

**Our Christian Value this term is:**



*"I can do all things through Him who strengthens me"*  
*Philippians 4:13*

*Dates for the Diary...*

| Term 3  |       |                                    |
|---|-------|------------------------------------|
| Monday 27 <sup>th</sup> – Friday 31 <sup>st</sup> January |       | NSPCC Week                         |
| Friday 31 <sup>st</sup> January                           | 08:45 | Celebration Worship – All Welcome! |
| Monday 3 <sup>rd</sup> – Friday 7 <sup>th</sup> February  |       | Children’s Mental Health Week      |
| Thursday 6 <sup>th</sup> February                         |       | School Council                     |
| Friday 7 <sup>th</sup> February                           | 08:45 | Celebration Worship – All Welcome! |
| Friday 14 <sup>th</sup> February                          | 08:45 | Celebration Worship – All Welcome! |
| Friday 14 <sup>th</sup> February                          |       | Last Day of Term 3                 |

| Term 4                            |  |   |
|-----------------------------------|--|---|
| Monday 24 <sup>th</sup> February  |  | First Day of Term 4   |
| Tuesday 25 <sup>th</sup> February |  | Height and weight check – Reception and Year 6<br>Vision check – Reception only |
| Friday 28 <sup>th</sup> February  |  | Celebration Worship – All Welcome!  |



## *Welcome from your Head...*

Dear Parents and Families,

Happy New Year!

This term we are focusing on the Christian value of 'perseverance'. This is an important value in our school and it has been wonderful to see the children discuss this value within worship. Emily in Year 6 gave a fantastic definition of this 'if you keep going and not give up, you'll get to your goals'. As a school we made a pledge that we would not give up in learning and understand that to be good at something you must first be prepared to not be good.

It is fantastic to see perseverance shining through the learning. In Ridgeway, the children have been developing art techniques to replicate the Mona Lisa. The children have understood that only with practice can we get better at learning new skills. In last week's celebration worship, the children were being praised for their efforts in improving their writing, mathematics and music skills.

In the last newsletter, we included lots of information regarding attendance. As you will be aware, attendance is a national agenda currently and I thank you for your support with this. As we enter the time of the year where coughs and colds spread, we continue to encourage you to bring your children into school, unless they have a temperature or have sickness and diarrhoea. We are delighted that on Thursday 23rd, we were at full attendance!

This week the children have been participating in the NSPCC's **Speak out. Stay safe**; a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline. We have been very impressed with how engaged the children have been during the various classroom sessions.

Please do take time to read through the newsletter for reminders on expectations of uniform, attendance and the school day.

Warmest wishes,  
Mr Miller

### Key Safeguarding Contacts

**Designated Safeguarding Lead (DSL):**

Tim Miller - Headteacher



**Deputy DSL:**

Roseanne Apps – Class Teacher



**Deputy DSL:**

Isobel Randall - Class Teacher



**Trust Safeguarding Lead:**

Lynne Hammond



lhammond@cambrianlt.org

**Safeguarding Governor: Suzanne Elliott**

**POLICE: 999**

**NSPCC: 0808 800 5000**  
**0800 1111**

Help for adults concerned about a child  
Help for children and young people

**MASH: 0345 0507666**

For all immediate safeguarding concerns

**LADO Team: 01865 810603**

Safeguarding concerns against a member of staff

## School Uniform

We have noticed several children across the school consistently wearing non-school uniform items of clothing, in particular, wearing non-school colours and footwear.

We expect all children to wear the school uniform to promote standards of neatness within the school, pride in appearance, pride in belonging to the school, economy and the appropriateness of clothing for work and safety. All uniform must be named.

### Uniform Options

Children can choose to wear a grey pinafore dress, skirt, trousers or shorts. These items may be accompanied with grey tights, white, grey or black socks.

A red polo shirt and school red sweatshirt or cardigan should be worn.

In summer, a red summer dresses, white ankle or knee length socks can be worn.



### Footwear:

For reasons of safety and promotion of foot health, children must wear clean, sensible, low wide heeled black shoes (not boots or trainers).

### Jewellery:

Earrings (with the exception of small studs), bangles, necklaces and rings are not permitted as they may be mislaid or cause serious accidents.



### PE Kits



- All children must wear trainers, black shorts, leggings or jogging bottoms and a plain red top that is long enough to be tucked in.
- All PE clothing should be named.
- Children with shoulder-length hair (or longer) must tie their hair up.
- Earrings must be taken out or covered with tape.
- No football kits.

## Packed Lunches



We have noticed a significant increase in unhealthy lunch choices in the children's lunchboxes. As a guideline, a reasonable school packed lunch should contain the following:

### Do include:

- at least one portion of fruit and one portion of vegetables every day.
- meat, fish, eggs, or a non-dairy protein (e.g. lentils, kidney beans, chickpeas, houmous) every day.
- oily fish, such as salmon, at least once every three weeks.
- a starchy food such as any type of bread, pasta, rice, couscous, noodles, potatoes or another cereal every day.
- a dairy food such as milk, cheese, yoghurt, fromage frais or custard every day.
- a drink of water, fruit juice or smoothie (maximum portion 150ml), or semi-skimmed milk or skimmed milk, yoghurt or another milk drink.

### Can occasionally include:

- meat products such as sausage rolls, individual pies, corned meat and sausages.
- Cakes, crisps and biscuits, but encourage your child to eat these as part of a meal, and be mindful of appropriate portion sizes.

### Should not include:

- confectionery such as chocolate bars, chocolate-coated cereal bars, processed fruit bars and sweets.
- sugary soft drinks, such as squash and fizzy drinks.

We would like to politely remind you that the following items are not permitted in lunchboxes at Ashbury School: **chocolate bars**, **sweets** and food items containing **nuts**.

For further information and guidance on healthier lunchboxes please visit:

<https://www.food.gov.uk/sites/default/files/media/document/eatwell-guide-master-digital.pdf>

<https://www.gov.uk/government/publications/school-food-standards-resources-for-schools/school-food-standards-practical-guide>

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/#tips>

### FUNDamentals Festival at FCC

'It was good'  
Emran, Year 2



'My favourite game was  
chuck and catch'  
Henry TM, Year 2



'It was fun. We got to  
play fun games'  
Asia, Year 2




'It was really good and  
interesting. It was good to do  
something different for PE'  
Veve, Year 1



'It made me feel happy'  
Arlo, Year 1





*Guitar and  
drum*  
**LESSONS**

Places available for both Guitar and  
Drum lessons

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To book a place or for more details please  
get in touch with Lyn on 07761186304 -  
Jamie.lwaugh@talktalk.net

JOIN THE FUN

# There are spaces in bands at your school



Dear Parents/Guardians,

Your child can still join a band with iRock at school this term!

**What is iRock?** At iRock, children experience the thrill of being in a band! Led by our passionate and professional Band Coaches, our weekly in-school band sessions are open to all pupils from Reception to Year 6.

**Music for all.** iRock aims to create a welcoming and inclusive environment where every child feels they belong. Each week, children develop their musical skills, confidence, and teamwork as they work towards exam-free music qualifications — celebrating progress without the pressure of formal exams.

**Feel like a rockstar!** The excitement culminates every term in a live concert where children perform as a band for their families and peers. These performances are more than just a showcase—they're an opportunity for children to build self-esteem, enhance their confidence, and experience the joy of accomplishment.

iRock isn't just about music; it's about helping children thrive cognitively, socially, and academically through the power of music.

**Key information:**

- **No experience needed** and all instruments are provided
- Parents/guardians can access our **online portal** for updates, pictures and videos
- Hassle-free **monthly subscription** that can be cancelled at any time with a **first lesson money-back guarantee**.

Head to <https://www.irockschool.com/enrol> to check availability and start your child's iRock journey!

**Joshua Franklin**  
 Founder  
 iRock School of Music

Choose from...



CLICK HERE

**ENROL NOW**

**Enrol Online**

[www.irockschool.com/enrol](https://www.irockschool.com/enrol)

**We're here to help!**

Call Us: 0330 174 2655

Email Us: [info@irockschool.com](mailto:info@irockschool.com)



Oxford Health  
NHS Foundation Trust

# PARENT WEBINAR



Parents are the most important part of young people's lives and hold the key to helping them. Let us help you, to help them.

**CAMHS**  
Child and Adolescent  
Mental Health Service

## MENTAL HEALTH AWARENESS SESSIONS FOR PARENTS AND CARERS



### SUBJECTS INCLUDE

- TEEN ANXIETY
- SELF HARM
- LOW MOOD
- HOW TO TALK TO YOUR DISTRESSED CHILD

[WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS](http://WWW.OXFORDHEALTH.NHS.UK/CAMHS/OXON/SIR/WEBINARS)

|  |  |
|--|--|
| <p><b>STAGE COACH</b></p> <p><b>3 DAY EASTER HOLIDAY<br/>MINIONS WORKSHOP<br/>4 TO 6 YEAR OLDS</b></p>   | <p><b>STAGE COACH</b></p> <p><b>3 DAY EASTER HOLIDAY<br/>BORN TO HAND JIVE SHOWCASE<br/>7 TO 16 YEAR OLDS</b></p>  |
|   |  <p><b>GREASE</b></p>  |
| <p><b>MONDAY 7TH TO WEDNESDAY 9TH APRIL 2025</b></p> <p><b>9:45 TO 15:45</b><br/><b>THE ELMS PRIMARY SCHOOL</b><br/><a href="http://WWW.STAGECOACH.CO.UK/FARINGDON">WWW.STAGECOACH.CO.UK/FARINGDON</a></p>   | <p><b>MONDAY 7TH TO WEDNESDAY 9TH APRIL 2025</b></p> <p><b>9:45 TO 15:45</b><br/><b>THE ELMS PRIMARY SCHOOL</b><br/><a href="http://WWW.STAGECOACH.CO.UK/FARINGDON">WWW.STAGECOACH.CO.UK/FARINGDON</a></p>   |

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