



Welcome

COURAGE



Learning

Stepping out of your comfort zone

Moses and the burning Bush – Exodus 3

This picture shows a time when Moses had his courage tested.



Doing the right thing, not the easy thing

Words of wisdom from the bible say:

“BE STRONG AND COURAGEOUS; DO NOT BE FRIGHTENED OR DISMAYED, FOR THE LORD YOU GOD IS WITH YOU WHEREVER YOU GO.”

Joshua 1.9

Overcoming fear

“Perfect love casts out all fear”

1 John 4.18

Sometimes our fears can stop us having fun or trying something new. You might like to ask God to help guide you to overcome this.

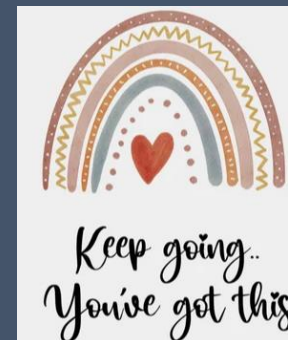
Facing a challenge

Prayer for bravery, wisdom and trust

Father God, make us brave like the spies who went ahead of the people into Canaan. Make us wise like Rahab who hid the spies and saved their lives. Make us trusting like Joshua who believed your word and led his people safely into the Promised Land.
Amen

Encouraging others

Dear Lord,
Help us to find ways to encourage other people that we are working with.
Help us to remember how it feels to be discouraged and to try to have the courage to build other people up.
Amen



Responding



Reflection

Our School Prayer

Courage

Dear God,
Thank you for giving us the courage to step out of our comfort zone.
Thank you for sharing your courage around the world.
Thank you for supporting us to overcome fear.

Sorry that we don't always find the courage to try something new.
Sorry that we don't always use our courage when things are tricky.
We apologise for not always appreciating how much courage others are showing when we may find something easy.

Please help us to be brave when something is tricky.
Please help us to encourage others to be courageous when fighting their fears.
In the future, please help us to use our courage even when times are difficult.

Amen

COURAGE

HOME SCHOOL VALUES

This term we will be focussing in school on the value **COURAGE**. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK TOGETHER about Courage

Being **courageous** can mean different things to different people. For example, one person may think it easy to speak in front of a large audience, whilst another would need to find lots of **courage** to do this. Everyone faces challenges from time to time, and we have to find **courage** to overcome them.

- Talk together about:
- The different challenges that each family member faces
 - Who or what helps us find **courage**?
 - Is there someone that we admire because of the **courage** that they have shown?

THINK TOGETHER Words of Wisdom

"**Courage** is not the absence of fear, but the willingness to overcome that fear."
Nelson Mandela



READ TOGETHER...

The Courage of David the Shepherd Boy

One day as David the shepherd boy was carrying lunch to his older brothers in the Israelite army he heard an angry booming voice thunder across the fields. "I am Goliath, and I dare you to pick someone to fight me."

The voice was coming from the Philistine ranks and went on taunting the Israelites and their God. As David grew closer he could see the giant Goliath strutting up and down. He could also see the terrified faces of King Saul and his soldiers. This made David very angry and more than a little ashamed. He decided he must go and see the king.

"I will fight that bully Goliath!" David announced. It was all that King Saul could do not to laugh out loud. "You are just a boy David, a small boy. Goliath has been a mighty soldier all his life."

"But when the wild animals attack my father's sheep," protested David, "I fight them off with my sling and staff. I have killed many lions and bears and I will do the same to this wicked Philistine. Do not fear for God is on our side." King Saul was taken aback. "Well, I suppose you should be given a chance. At least let me lend you some armour and a sword." But the armour was heavy and David was not used to it. He returned the armour to Saul and instead picked up five smooth stones from the stream and marched out **courageously** to face Goliath.

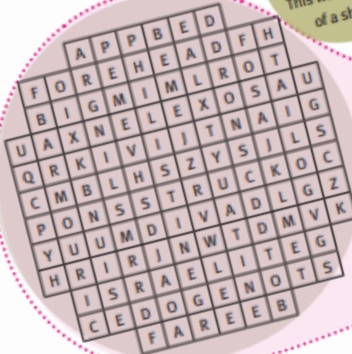
The giant laughed scornfully at the small boy and shouted curses at him. David did not flinch. "This very day you will be defeated and everyone here will see that the Lord does not need swords or spears to save his people." As Goliath lowered his shield and aimed his spear at the boy, quick as a flash, David loaded a stone into his sling, spun it around above his head and sent it spinning through the air towards Goliath. The stone struck the giant on his forehead and he crumpled to the ground. Goliath was dead. There was a moment of stunned silence before the whoops and cheers from the Israelite army echoed around the hillsides. This was a day no-one would forget, when the **courage** of a shepherd boy saved a nation.



Illustration based on a Spanish 15th-century painting.

QUIZ Wordsearch

Find the words from the story in the grid on Goliath's shield.



ARMOUR
COURAGE
GOLIATH
PHILISTINE
SOLDIER

BOY
FOREHEAD
GOD
SHIELD
STONE
DAVID
GIANT
ISRAELITE
SLING
STRUCK



You might like to explore the value **Courage** at home.

Here are a few ideas from Imaginor.



FAMILY FOCUS & HOME-SCHOOL CHALLENGE



Children of Courage

Each year awards are presented to children throughout the country who have shown outstanding bravery and **courage** in overcoming huge challenges in their lives. (Google 'UK children of **courage** awards' to see some examples.)

Design a nomination for a child that you know and believe should be recognised for their **courage**. Remember, there are different kinds of **courage** and different ways of showing bravery.

The nominations will be displayed in the Challenge Gallery at school.



HALL OF FAME

Bravery v. Slavery

Harriet Tubman was born nearly 200 years ago in Maryland, USA. Her family were slaves which means that they had to work for the people who 'owned' them. Slaves had no pay and no rights and they could be bought or sold like property. As Harriet grew older she was afraid that she would be sold and sent far away from her family to work for strangers. She decided to try to escape. This needed great **courage** because Harriet knew that if she was caught she would be cruelly punished. After many adventures and with the help of kind people along the way, Harriet managed to escape to Canada, where slavery was banned.

It would have been safest for Harriet to stay in Canada and make for herself a comfortable and easier life, but she was determined not to forget her family and friends who still suffered as slaves in America. She made her way back and forth to Maryland not once, but **nineteen times**, facing great danger and showing amazing bravery as she helped slaves to escape to freedom. By the end of her life Harriet had helped to free around 300 slaves!

After her death Harriet received many honours for her bravery. A ship was named after her, and in 1995 the US government issued a postage stamp to celebrate her **courageous** life.



FASCINATING FACTS

In case of emergency - Dial 999

- "Help...my house is on fire!"
- "Help...there's been an accident!"
- "Help... burglars are breaking into the house over the road!"
- The emergency number, 999, was introduced in London in 1937.
- In an emergency, phoning 999 will connect you quickly to an 'emergency control centre'. An operator will ask which service you need, fire, ambulance or police. The operator will be able to track your call to discover where you are and soon help will be on its way.
- Firefighters, police and ambulance crew all risk their own lives on occasions to help other people who are in danger.
- Additional emergency services operate in some places such as mountain and cave rescue, coast guards, air sea rescue.
- Over 30 million 999 calls are made each year.
- About half of all calls are hoaxes. Not only do hoax callers break the law, they put people's lives in danger as it takes longer for real emergencies to be dealt with.

Example Nomination sheet



Name of child who has shown **courage**

Has shown **courage** by

This bravery should be recognised because